

Labyrinth Restoration Project



THE RELATIONSHIP
LABYRINTH OF
UNITY SANTA FE

In 2001, led by Len Meserve, who was a member of the Santa Fe Labyrinth Resource Group, Unity team members created our Relationship Labyrinth in less than three weeks. Today the labyrinth is intact but in need of restoration, so that it remains weed-free, stable and walkable year-round.

This labyrinth form is revolutionary. It has both nature's forms of waves and spirals.

In nature, the wave form transmits energy and the spiral form generates energy. The spiral form is symbolic of evolution and infinity.

The Relationship Labyrinth teaches us that we come from Unity into the world of Duality to experience the masculine and the feminine, the positive and negative. Walking meditation is one way of re-integrating our consciousness, and returning to Unity.

3-phase plan

1. Landscaping weed cloth/fabric donation drive (Sept./Oct. '09)

To keep desert "sticker" weeds from taking over the labyrinth, landscaping weed cloth will cover the ground, in preparation for a crushed rock path over that. **Please check your home storage areas for weed cloth/fabric, and bring it to the area of the new utility shed outside of the classrooms.**

2. Fund raising drive to purchase "crusher fines" crushed rock

Prices for coverage material are being researched. The goal amount will be announced.

3. Team workdays to install weed cloth and crushed rock surface

Once funds have been raised and materials purchased, workdays may be scheduled in October and November '09.

(over)

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There is now a short trail leading to the labyrinth. The trail access is located off the south side of the parking lot, directly across from the main entrance of the church. This trail makes it easy to experience the Relationship Labyrinth.

Labyrinths are landscape temples, and the definition of a temple is that which unites heaven and earth. When standing in the center of the Relationship Labyrinth you have three paths on one side of you, symbolic of heaven, and four paths on the other side, symbolic of earth. You are the temple in the middle that unites heaven and earth. Within the human, the finite and the infinite are united.

There is more to this symbolically-rich labyrinth form but it has been left to self-discovery, or discovery of self. You will see a circle at the opening end, with two heart-shaped rocks there. In the center there is a rock that looks like a brain for the masculine side and a heart-shaped rock for the feminine side. At the entrance, pick whichever side you want to walk, then walk out on the other path.

Walking the Relationship Labyrinth:

There is no “right” way to walk a labyrinth but these are some suggestions.

Focus: Pause and wait at the entrance.

Become quiet and centered. Acknowledge through a bow, nod or other gesture, and then enter.

Experience: Walk purposefully, at your



chosen speed. Observe the process. When you reach the center, stay there and focus several moments. Leave when it seems appropriate. Be attentive on the way out.

Exit: Turn and face the entrance. Acknowledge the ending.

Reflect: After walking the labyrinth, reflect on your experience. Use journaling or drawing to capture your experience.

Many thanks to Kristine Baker for her participation on the original labyrinth team, and for her detailed written description.

how to help

- **Donate landscaping weed cloth during Sept./Oct. '09.** Rolls may be dropped off outdoors, near the new utility shed, next to the classrooms.
- **Donate funds for whatever weed cloth is still needed, and for crushed rock.**
- **Join the Labyrinth Restoration Team to help lay weed cloth and crushed rock on the walking surface during Oct./Nov. '09.**

For more information, please contact: Janine Jones: janineres@comcast.net 505/867-5495
Paula Eastwood: paula@eastwoodsantafe.com 505/989-7675
Bob Young: bysantafe@earthlink.net 505/690-5289

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